

Congresswoman Eleanor Holmes Norton (D-DC) & Nigel Lythgoe from So You Think You Can Dance

present

National Dance Day

Saturday, July 31st
1 pm to 5 pm on the National Mall **

Performances ~~ Flash Mob ~~ Dance Lessons



SO YOU THINK YOU CAN
DANCE

For more information, call (202) 783-5065 or visit National Dance Day (Event) on Facebook.


DIZZY FEET
FOUNDATION

An avid proponent of healthy lifestyles and a lover of popular and other dance forms, Congresswoman Norton is using National Dance Day and her resolution to promote physical fitness across the United States.

"National Dance Day and my resolution encourage Americans to live a physically active lifestyle and to have fun doing it. Organizing an annual National Dance Day in the nation's capital and throughout the country is a terrific way to promote fitness, and to emphasize the First Lady's Let's Move initiative to combat childhood obesity."

Join us as we celebrate National Dance Day on the National Mall.

Dance organizations from our Nation's Capitol will participate in this day filled with family fun as we pay tribute to all forms of dance!

Performances by:

Xxxx

Xxx

Visit our event page on FB to learn the dance moves for the National Flash Mob!

** *Between 3rd, Jefferson, 4th & Madison Sts. Directly below the Capitol.*

As part of his commitment to support dance education and physical fitness in communities throughout the United States, Nigel Lythgoe is launching National Dance Day on ["So You Think You Can Dance."](#)

National Dance Day will take place on **July 31, 2010**. National Dance Day will include a variety of dance themed activities for people of all ages. It will empower, challenge and inspire everyone to try various styles of dance ranging from hip-hop to ballroom to anything that moves. Above all, it will encourage everyone to DANCE as a means to stay fit and be healthy.